# There are 3 elements in Lent Prayer Fasting Almsgiving

## The Adoration of the Blessed Sacrament

## Readings of the Day:

https://catholicreadings.org/second-sunday-of-lent-year-c/

What is The Rosary?

#### Adults:

https://www.youtube.com/watch?v=wr1rAv XOWk

### Teenagers:

https://www.youtube.com/watch?v=mbyMeNPddBs

#### Children:

https://www.youtube.com/watch?v=0enG2NHd0Ag

Adoration of The Blessed Sacrament Liturgy at 7PM in the Church or on Webcam, Deaf Community welcome, Mass will be signed in BSL

All masses available to watch at the link below: www.saintvincentdepaulligoniel.co.uk/webcam